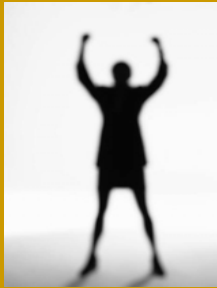


What is S.T.A.R.?

The S.T.A.R. program (Skills Training for Affective Relationships) is a camp-style group that offers children who desire friendships with the skills necessary to make and maintain friendships and provides a safe and exciting environment in which to apply these skills. Based on the work of Arnold P. Goldstein but modified to meet the needs of participants, the S.T.A.R. program utilizes scientifically validated procedures to individualize learner goals and ensure successful participation.



Skillstreaming is a psychoeducational intervention- its roots are in both psychology and education. Although used initially by therapists in the mental health field, its processes focus on four direct instruction principles of learning. These learning procedures—modeling, role playing, feedback and transfer—have been used to teach a variety of behaviors, from academic competencies to sports, daily living skills and vocational skills.

The Skillstreaming curriculum includes individualized skill sets consisting of: group survival skills, friendship-making skills, communication skills, skill alternatives to social abandonment and tools for interacting in varying social settings.

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*The Art and Science of
Effective Intervention*



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Data Driven, Individualized Social Skills Training

Why Social Skills?

A major focus in the current educational process is to increase test scores and achieve age and grade standards in reading, writing and mathematics. This heavy emphasis in schools leaves little, if any time for social skills instruction.

When time is afforded to social skills, it is typically loosely structured; children with appropriate social skills engage with their peers while children who do not possess the social skills necessary to engage in play, conversation and general interactions with their peers do not succeed in social time. Many, in fact, prefer a structured classroom setting to the “free-time” during which natural socialization occurs. These children often find a “spot on the fence” for the duration of social time. Those who desire social interactions may attempt to socialize with peers, but do not have the skills required to sustain interactions. In some cases, children engage in disruptive or “silly” behaviors to gain the attention of their peers or escape an uncomfortable interaction.

If any of these scenarios describe your child, consider enrollment in the S.T.A.R. Program.

How is S.T.A.R. Structured?

ABLE Academy’s S.T.A.R. group offers a “camp” style environment in which your child will learn and immediately apply social skills necessary for building friendships. Designed and implemented by certified teachers and behavior analysts, the program utilizes individual



baseline data for social skills sets to successfully meet the needs of each participant. Leaders of S.T.A.R. employ only validated teaching procedures based in the science of human behavior.

The S.T.A.R. group meets once per week at ABLE Academy for twelve week sessions. Space is limited to six participants. Participants will be grouped according to their specific needs; if the group make-up is not appropriate for the needs of your child, we will indicate that and your child’s name will remain on a pending enrollment list. At the time that an appropriate group is formed, your child will be invited to attend. Implementation of the S.T.A.R. group requires a minimum enrollment of four children. Individual data is maintained on each participant during each session.

S.T.A.R. REGISTRATION

Star’s Name: _____

DOB: _____ Age: _____

Telephone: _____

Address: _____

Allergies/Special Considerations: _____

